



UPINHF

University of the Philippines International Nursing and Healthcare Forum

www.upinhf.org

3rd ANNUAL INTERNATIONAL FORUM

SUSTAINABLE HEALTHCARE: THE NEW PARADIGM

August 9-10, 2019

Hilton LA North/Glendale

100 W. Glenoaks Blvd, Glendale, CA 91292

Tel: 818-956-5466

SOIREE & WELCOME RECEPTION

FRIDAY, AUGUST 9, 2019

2:00 PM — 7:00 PM

Registration Fee - \$50.00

Live, Laugh, Love / Aloha

BREAKFAST SEMINAR

SATURDAY, AUGUST 10, 2019

6:30 AM — 1:00 PM

4.8 Contact Hours

Registration Fees:

with CH Credits \$50; Without CH Credits \$30

GALA DINNER DANCE & INDUCTION

SATURDAY, AUGUST 10, 2019

CELEBRATE, CHERISH, RENEW

6:00 PM — Midnight

Registration Fee - \$100.00

ACCOMMODATIONS:

Group Code: UPINHF REUNION Block

Deadline for Discounted Room Rate at the venue: July 19, 2019

Hilton Los Angeles North/Glendale
100 W. Glenoaks Blvd.
Glendale, CA 91292

RESERVATIONS - (818) 956-5466

Web Site: https://www.hilton.com/en/hi/groups/personalized/B/BURHGHF-UPIN-HF-20190808/index.jhtml?WT.mc_id=POG



Mail your registration and payment to

UPINHF c/o Iren Bobis Roldan
26931 Fort Apache Circle
Lake Forest, CA 92630

Make checks payable to UPINHF INC

Refund Policy: The registration fee less 10% administrative fee will be refunded upon receipt of online, written or telephone notice on or before July 15, 2019. No refund after 7/15/19

Email: irenibr3@gmail.com **Tel:** 949-275-5343

2019 JUBILARIANS 1954, 1959, 1964, 1969, 1974, 1979, 1984, 1989, 1994, 1999, 2004, 2009, 2014



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*University of the Philippines
International Nursing and Healthcare Forum*

2019 Continuing Educational Program (4.8 Contact Hours)

“Sustainable Health Care: The New Paradigm”

Saturday, August 10, 2019 (6:30 AM-1:00 PM)

Educational Program is awarded 4.8 Contact Hours by the California State Board of Registered Nursing
Hilton Los Angeles North/Glendale

101 W. Glenoaks Blvd. Glendale, CA 91292

Registration Fees: \$50 CE, \$30 Non-CE

Program Description:

Sustainable health care: is our health care in the United States built to last? Health care sustainability, the capacity to deliver affordable and cost-effective care over time, is a complex problem. This program will explore some strategies to cope with the increasing challenges and demands of our current health care system.

This educational program is provided by the University of the Philippines International Nursing and Healthcare Forum (UPINHF), an accredited provider of Continuing Education by the California Board of Registered Nursing, CE Provider number 16871.

Learning Objectives:

- Describe how to promote excellence in health care through global partnerships.
- Discuss how evidence-based practice culture contributes to sustainable health care.
- Identify methods to navigate the transition to assisted living for the aging population in this current health care system.
- Analyze the effectiveness of training for Advanced Practise Nurses in caring for patients with Hypertension.
- Apply strategies in growing future nurse leaders to advance and sustain health care.
- Discuss how evidence-based strategies of advocacy and health promotion can reduce the cost of preventing non-communicable diseases in low and middle income countries.



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EDUCATION PROGRAM SCHEDULE

6:30 AM - 7:30 AM **Registration and Continental Breakfast**

7:30 AM - 7:45 AM **Introduction and Announcements**



Marlene (Pinky) Chance, APRN, FNP-BC, PhD, EJD, FAANP (GN'75)
Moderator and Chair, Committee on Education & Research 2019

7:45 AM - 8:00 AM **Welcome Address**



Maria Theresa Liboro Abad, MSN, RN (BSN'81)
UPINHF President

8:00 AM - 8:30 AM **Growing Future Nurse Leaders to Advance and Sustain Health Care**



Janette Moreno, DNP, RN, CEA-BC, CCRN-K (BSN'94)

8:30 AM - 9:00 AM **Forging Global Partnerships to Promote Excellence in Healthcare**



Lorraine S. Evangelista, PhD, RN, FAHA, FAAN (BSN'85)



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EDUCATION PROGRAM SCHEDULE (continued)

9:00 AM - 9:30 AM

The Effectiveness of a Training Program for Advanced Practice Nurses on the Care of Patients with Primary Hypertension



Sarla Duller, PhD, MN, ANP-BC, RN (MN'76)

9:30 AM - 9:45 AM

Filipino American Beliefs About High Blood Pressure, Self-Care Activities, and BP Status



Felicitas A. Dela Cruz-Millman, DNSc, RN, FAANP (GN'59, BSN'65)

9:45 AM - 10:00 AM

Open Forum and Break

10:00 AM - 10:30 AM

Creating Evidence -Based Practice Culture: A Path to Sustainable Healthcare



Dolora Sanares-Carreon, DNP, MPA, RN, NE-BC(GN'75)

10:30 AM - 11:00 AM

Aging in Place: Navigating Transitions to Assisted Living



Marilyn Pattillo, PhD, RN, APRN-BC, FAAN (BSN'69)



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EDUCATION PROGRAM SCHEDULE (continued)

11:00 AM - 11:30 AM **Open Forum**

11:30 AM - 11:45 AM **Presentation of the 2019 International Nurse Award to Dr. Josefina A. Tuazon**



*Jesusa Santa Barbara Czach, BSN, CCRN (Retired/BSN'79)
Chairman, Committee on Awards, Citations, & Scholarships
Corresponding Secretary and Founding Member*

11:45 AM - 12:30 PM **Engaging in Advocacy and Health Promotion to Reduce Cost of Non-communicable Diseases in Low and Middle Income Countries**



Josefina Angeles Tuazon, DrPH, MN, RN (BSN'77)

12:30 PM - 12:45 PM **Open Forum**

12:45 PM - 1:00 PM **Conclusion, Evaluation, and CE Certificates**



Marlene Cataylo Chance, APRN, FNP-BC, PhD, EJD, FAANP, (GN'75)



Emerita Geluz Goodrich, MSN, RN, GNP-C (BSN'74)



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COMMITTEE ON EDUCATION & RESEARCH 2019



Chair: Marlene Cataylo Chance, APRN, FNP-BC, PhD, EJD, FAANP (GN '75)



Members:

Emerita Geluz Goodrich, MSN, RN, GNP-C (BSN '74)

Iren Bobis Roldan, BSN, RN (BSN '69)

Jesusa Santa Barbara Czach, BSN, RN, CCRN (Retired/BSN '79)

Magdalena Ongkiko, MSN, RN, CCRN (BSN '73)



UNIVERSITY OF THE PHILIPPINES INTERNATIONAL NURSING AND HEALTHCARE FORUM
26931 Fort Apache Circle, Lake Forest, California, U.S.A. 92630 / www.upinhf.org

3rd Annual International Forum 2019 REGISTRATION FORM

Early Bird Registration Deadline: July 15, 2019 (Monday)

PUT A CHECK MARK NEXT TO THE EVENT(S) YOU ARE REGISTERING FOR:

1. Friday Soiree/Welcome Reception: August 9, 2019
_____ Early Bird Friday Soiree Registration Fee: \$50.00 per person
_____ Registration Fee If Postmarked After July 15, 2019: \$60.00 per person
2. Saturday Breakfast Conference: August 10, 2019
Early Bird Registration: Postmarked on or before July 15, 2019
_____ With Continental Breakfast Without Contact Hours: \$30.00 per person
_____ With Continental Breakfast and 4.8 Contact Hours: \$50.00 per person
Registration Postmarked After July 15, 2019
_____ With Continental Breakfast Without Contact Hours: \$40.00 per person
_____ With Continental Breakfast and 4.8 Contact Hours: \$60.00 per person
3. Saturday Gala Dinner Dance: August 10, 2019
_____ Early Bird Gala Dinner Dance Registration: \$100.00 per person
_____ Registration Fee If Postmarked After July 15, 2019: \$110.00 per person

PLEASE PRINT

First Name	Middle or Maiden Name	Last Name	
RN License Number / State		Degrees / Year / Class Affiliation	
Street Address	City	State	ZIP
Phone Number(s)		Primary E-mail Address	
POSITION (Current / Retired) & Institution / Affiliation			

MAKE YOUR CHECKS PAYABLE (in US Dollars) to UPINHF INC
MAIL YOUR CHECK & COMPLETED REGISTRATION FORM TO:
UPINHF c/o IREN Roldan 26931 Fort Apache, Lake Forest, California, USA 92630
You may also email your completed registration form to
irenibr3@gmail.com or Treasurer@upinhf.org & cc aabad712@aol.com
Iren Roldan's Contact Phone #: 949-275-5343



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Information Sheet & Membership Form

UPINHF Life/Associate Life Membership Fee (Discounted): \$100.00

After August 10, 2019, the Life/Associate Membership Fee will be \$150.00

Annual Membership Rate: \$50.00 / year

Please mail the completed form and payment on or before August 10, 2019

to avail of the discounted life/associate membership fee

Make your check or money order payable in US dollars to UPINHF INC and mail it to

UPINHF

c/o Iren B. Roldan

26931 Fort Apache Circle,

Lake Forest, California, U.S.A. 92630

Treasurer's Contact Info: Phone # (949) 275-5343 / Email: irenibr3@gmail.com

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Please complete the Information Sheet below.

1. You may submit your advertisement using your solo and/or family picture. If your ad is **camera-ready**, use the advertisement rate on the contract and e-mail to mlongkiko73@yahoo.com and cc aabad712@aol.com.
2. If not **camera-ready**, please add \$10.00 per picture to the advertisement rate. Please write your name and address on the back of the picture(s) or e-mail your photos & ad/message to the two aforementioned e-mail addresses.
3. If you prefer to solicit ads or sponsors, please use the attached solicitation form.

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PLEASE PRINT LEGIBLY

First Name _____ Maiden / Middle Name _____ Married / Last Name _____
Credentials: _____
Degrees and Class Affiliation _____ Institution _____
Other Degrees _____ Institution _____ Year Obtained _____
Home Address: _____
Mailing Address (if different from above): _____
E-mail Address: _____
Home Tel. # _____ Mobile Phone # _____
I am a UPINHF Member (Please check): Founding Member _____ Life Member _____ Associate _____ Annual _____
I'm interested in joining as a Life Member _____ Associate Life Member _____ Annual Member _____
Present positions/hospital/institution: _____
Past positions/hospital/institutions: _____
Professional and socio-civic involvements: _____
Outstanding achievements/awards: _____
SPOUSE'S NAME: _____ Spouse's Profession: _____
Attachments (If Any): _____ Curriculum Vitae _____ Others (Please Specify): _____



UNIVERSITY OF THE PHILIPPINES INTERNATIONAL NURSING AND HEALTHCARE FORUM
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2019 Yearbook Advertising Contract

SUBMISSION DEADLINE FOR CAMERA-READY ADS: JULY 15, 2019

UPINHF INC is authorized to insert a _____ page advertisement in the 2019 UPINHF Yearbook to be published by UPINHF INC for which the undersigned agrees to pay the sum of \$ _____ and UPINHF INC hereby agrees to insert paid advertisement for the agreed sum.

Please email your camera-ready ads by July 1, 2019 to Maggie Ongkiko at mlongkiko73@yahoo.com and cc Tony Abad at aabad712@aol.com. If not camera-ready, please add \$10.00 per picture to the advertising rate and e-mail your photos and advertisement / message to the two aforementioned e-mail addresses.

ADVERTISEMENT RATE:

Outside back cover \$350.00
Inside front cover \$350.00
Inside back cover \$300.00
Full page \$100.00
** Half page \$50.00
** Quarter Page \$25.00
** Patron, Name Only \$20.00

** Not eligible to receive a free copy of the yearbook. To receive a hard copy of the yearbook, please pay an additional \$35.00 per copy.

NOTE: An advertiser, who is eligible to receive a free copy of the yearbook and is unable to attend the August 9, 2019 events but would like a copy of it mailed to him/her, needs to pay an additional \$7.00 for postage & include the shipping instructions with his/her payment.

Firm/Advertiser's Name

Authorized Signature

Business or Home Address

E-mail Address

Phone Number

PAYMENTS MUST ACCOMPANY THIS CONTRACT

Make your check/money order payable to UPINHF INC
Mail the signed contract with your check/money order to
UPINHF c/o Iren B. Roldan
26931 Fort Apache Circle, Lake Forest, California, USA 92630
Treasurer's Contact Info:
Tel. #: 949-275-5343
E-mail: irenibr3@gmail.com & cc Treasurer@upinhf.org

ADSPACE _____ SOLICITOR'S SIGNATURE: _____

SOLICITOR'S PRINTED NAME: _____ CLASS AFFILIATION: _____

For Office use:

Amount: _____ Date received: _____ By: _____

ADVERTISING CONTRACT RECEIPT

RECEIVED FROM _____ ON _____
THE SUM OF \$ _____ FOR _____ PAGE AD IN THE 2019 UPINHF YEARBOOK

CHECK #: _____ DATE: _____ TREASURER'S SIGNATURE: _____



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**UNIVERSITY OF THE PHILIPPINES
INTERNATIONAL NURSING AND HEALTHCARE FORUM**
26931 Fort Apache Circle, Lake Forest, California, USA 92630
www.upinhf.org  www.facebook.com/upinhf

The UPINHF INC, founded in 2017 and incorporated on June 1, 2017, is a non-stock, nonprofit corporation registered under the laws of the State of California. It is organized as a public benefit, educational, and charitable corporation within the purview of the Internal Revenue Code of 1986, Section 501(c)(3) or corresponding sections of other Federal Laws.

The UNIVERSITY OF THE PHILIPPINES INTERNATIONAL NURSING AND HEALTHCARE FORUM is an accredited provider of Continuing Education by the California Board of Registered Nursing (CE Provider Number 16871).

The mission of this health-centered international nonprofit corporation is focused on transforming healthcare by fostering inter-professional and multi-sectoral dialogue and collaboration in the advancement of professional practices, services, education, and research. The official publication of the UPINHF INC is the “INTERNATIONAL FORUM FOR NURSING AND HEALTHCARE.”

THE ORGANIZATION’S PURPOSE IS THREEFOLD:

1. AS AN ALUMNI ORGANIZATION

- a. To advance the interest of the University of the Philippines (UP) alumni by providing opportunities through unity and camaraderie and building on such relationships.
- b. To provide scholastic and professional development of members including the enhancement of technical and technological skills through continuing education and journal publication of researches and studies.

2. AS A HEALTHCARE ORGANIZATION

- a. To foster multi-sectoral exchanges amongst professionals in the healthcare industry through cooperative social and scientific endeavors.
- b. To actively improve and maintain the highest standards of healthcare practice by sharing ideas and promoting advanced professional services, education, and research.
- c. To encourage attendance and participation in professional activities and community programs.

3. AS A CHARITABLE ORGANIZATION

- a. To develop and establish health and nursing missions including immediate responses to epidemics or medical crises for the benefit of poor families and indigent communities in the United States of America (U.S.A) and elsewhere.
- b. To establish a trust that can provide assistance to poor victims of natural calamities and other disasters; for this purpose, the organization may work with and support other aid agencies like the Red Cross Societies

University of the Philippines Alumni Association

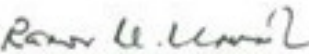


CERTIFICATE OF ACCREDITATION

Awarded to

**U.P. INTERNATIONAL NURSING AND
HEALTHCARE FORUM**

*with all rights, honors, privileges and responsibilities appertaining thereto.
Given at Quezon City, this 21st day of June Two Thousand Eighteen.*


RAMON M. MARONILLA
President, UP Alumni Association


PACITA C. GAVINO
Secretary, UP Alumni Association


NEIL ANDREW N. NICON
Chairman, Membership Development Committee